

2008 All-Metro Girls Outdoor Track

Emma DeJarnette, Atlee—The Raiders' junior pole vaulter was the queen of consistency and unbeatable at the end-of-the-year events. DeJar-nette captured the Southern Track Classic, Capital District and Central Region titles before adding the outdoors state Group MA championship to the indoor title she claimed this year. Her 12-0 vault at the state outdoors meet equaled the Group AM record. She has another year to shoot for the state record (12-10 by a Group AA vaulter).

Longjump: Ashley Orr, Deep Run, 19-3/4; Elaine Derricott, Henrico, 19-1; Co-rinna Brown, Prince George, 18-9; Kayla Christian, New Kent, 18-5/4; Katea Jem-mott, Thomas Dale, 18-3)4; Siobham Ford-Holland, Thomas Dale, 18-2/2; Nikki Nunn, Manchester, 18-2; Amber Pierson, Prince George, 18-0.

Triple Jump: Briana Hudson, Deep Run, 39-53/4; Jasia Richardson, J.R. Tucker, 39-4/2,- Ashley Orr, Deep Run, 38-53/4; Siobham Ford'Holland, Thomas Dale, 37-3!/4; Ahndrea Powell, L.C. Bird, 37-3/2; Elaine Derricott, Henrico, 37-2/<; Desiree Russell, Manchester, 37-/4; Marlena Daly, Deep Run, 37-0.

Wgh jump: Cprinna Brown, Prince George, 5-6; Briana Hudson* Deep Run, 5-6; Marlena Daly, Deep Run, 5-6; Jasmine Craighead, Goochland, 5-6; KyraCpleman, Highland Springs, 5-4; Sarah Fulgham, Thomas Dale, 5-4; Andrea Powell, L.C. Bird, 5-4; Lauren Schoenborn, Douglas Freeman, 5-2; Katie Minczuk, Cosby, 5-2; Asia McMillan-Wihs, Thomas Dale, 5-2; Kate Glotfelty, Matoaca, 5-2.

Pole vault: Emma DeJarnette, Atlee, 12-6; Lizzie Powell, Patrick Henry, 11-9; Ra-chael Hawks, Atlee, 11-6; Caroline Poma, Henrico, 11-3; Hillary Parsons, Douglas Freeman, 10-9; Cameron Overstreet, Atlee, 10-6; Caitlin Walton, Mills Godwin, 10-6; Sydney Hobart, Patrick Henry, 10-3.

Shot put: Sachet Wormley, Midlothian, 38-3/2; Jasmine Eddy, Manchester, 36-11; Cammie Little, Douglas Freeman, 35-11/2; Kristen Greene, Thomas Dale, 35-10/<; Christianna Moss, Patrick Henry, 35-8; Chenell York, Clover Hill, 35-1/2; Jasmine. Van Story, Matoaca, 34-7; Danielle Oliver, Monacan, 34-0.

Discus: Christiana Moss, Patrick Henry, 133-8; Sachet Wormley, Midlothian, 126-1; Jasmine Van Story, Matoaca, 113-9; Dillon McGhee, Atlee, 109-4; Kristen Greene, Thomas Dale, 108-0; Latticia Moore, Prince George, 108-0; Markia Robinson, Meadow-brook, 105-11; Chenell York, Clover Hill, 105-8.

3,200 relay: Midlothian 9:22.48; Douglas Freeman 9:34.42; Deep Run 9:36.64; Maggie Walker GS 9:43.65; Hanover 9:53.67; Mills

Godwin 9:58.07; St. Catherine's'10:12.84; Lee-Davis 10:14.76.
100 hurdles: Stephanie Brown, Manchester, 14.82; Regina Davis, Lee-Davis, 15.32; Erica Perkins, Manchester, 15.41; Montasia Golden, Lee-Davis, 15.45; Shay Hawley, Hermitage, 15.55; Shaniquia Epps, Hermitage, 15.62; Erica Caldwell, Manchester, 15.69; Elaine Derricott, Henrico, 15.73.
100: Desiree Russell, Manchester, 12.27; Kayla Christian, New Kent, 12.41; Joanna Hassell, Deep Run, 12.45; Katea Jemmott, Thomas Dale, 12.49; Kristen Clary, Prince George, 12.53; Montasia Golden, Lee-Davis, 12.55; Empress Harrison, Henrico, 12.56; Briana Stith, Huguenot, 12.59.
1,600: Kathleen Lautzenheiser, Midlothian, 4:57.98; Kristen Wolfe, James River, 5:03.31; Samantha Dow, Midlothian, 5:08.07; Casey Fowler, Douglas Freeman, 5:08.78; Amy Witt, Midlothian, 5:09.90; Courtney Dobbs, Deep Run, 5:10.92; Leia Lautzenheiser, Midlothian, 5:13.43; Amanda Lineberry, Lee-Davis, 5:15.5.
. 400 relay: Deep Run 48.0; Thomas Dale 48.44; Manchester 49.17; Armstrong 50.02; Mills Godwin 50.12; Meadowbrook 50.13; Henrico 50.41; New Kent 50.57.
400: Jay'vonne Bowman, Deep Run, 57.0; Amber Pierson, Prince George, 57.36; Karis Crosby, Mills Godwin, 58.46; Taryn Saunders, Prince George, 58.48; Ka-cen Delphin, Manchester, 58.56; Kyra Coleman, Highland Springs, 58.69; Monta-sia Golden, Lee-Davis, 58.91; Nikki Nunn, Manchester, 59.12.
300 hurdles: Briana Stith, Huguenot, 45.19; Cecily Young, Armstrong, 45.54; Megan Sinclair, Colonial Heights, 45.83; Montasia Golden, Lee-Davis, 46.41; Erica Perkins, Manchester, 46.86; Corinna Brown, Prince George, 46.94; Mhphamvu Kalengamaliro, Manchester, 47.42; Erica Caldwell, Manchester, 47.62.
800: Paige Johnston, Midlothian, 2:16.07; Kacen Delphin, Manchester, 2:17.46; Samantha Dow, Midlothian, 2:18.60; Taylor Clevinger, Hanover, 2:19.17; Anna Spiers, Maggie Walker GS, 2:19.97; Erica Dobbs, Deep Run, 2:21.04; Haley Ma-guire, Douglas Freeman, 2:21.32; Hope Rainey, Monacan, 2:21.72.
200: Jay'vonne Bowman, Deep Run, 25.01; Desiree Russell, Manchester, 25.60; Montasia Golden, Lee-Davis, 25.63; Nadia Natt, Hopewell, 25.63; Kayla Christian, New Kent, 25.71; Briana Stith, Huguenot, 25.79; Siobham Ford-Holland, Thomas Dale, 25.91; Katea Jemmott, Dale, 25.91.
3,200: Kathleen Lautzenheiser, Midlothian; 10:50.20; Leia Lautzenheiser, Midlothian, 11:14.06; Amy Witt, Midlothian, 11:14.23; Susannah Piersol, Maggie Walker GS, 11:21.93; Courtney Dobbs, Deep Run, 11:23.95; Madalyn Nuckols, Deep Run, 11:25.78; Clarissa Schick, Maggie Walker GS, 11:26.80; Lauren Hopper, Hanover,

11:26.90.

**1,800 relay: Prince George 3:58.14; Manchester 4:00.63;
Meadowbrook 4:04.35; Deep Run 4:07.35; Lee-Davis 4:08.83; Varina
4:09.58; Midlothian 4:09.88; Maggie Walker GS 4:10.15.**