

All-Metro boys track rankings

By [STAFF REPORTS](#)

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Long jump : 1. Quinton Fulgham, Thomas Dale, 23- $\frac{1}{4}$; 2. Demondre Woodson, Petersburg, 22-11 $\frac{1}{4}$; 3. Michael Brooks-Richardson, Henrico, 22-9 $\frac{1}{2}$; 4. Marquis Bagby, Petersburg, 22-7; 5. Domico Phillips, Meadowbrook, 22-4 $\frac{1}{2}$; 6. Caleb Wyatt, Lee-Davis, 22-4 $\frac{1}{4}$; 7. Ben Katz, St. Christopher's, 22- $\frac{1}{2}$; 8. Joshua Edwards, Matoaca, 22- $\frac{1}{2}$.

Triple jump : 1. Derek Gray, Hermitage, 46-2; 2. Michael Brooks-Richardson, Henrico, 45.5 $\frac{1}{2}$; 3. Quintaze Jackson, Dinwiddie, 45-4 $\frac{3}{4}$; 4. Tory Scott, Mills Godwin, 45-2 $\frac{1}{2}$; 5. Isaiah Woodson, Atlee, 45-2 $\frac{1}{4}$; 6. Joshua McCormick, Douglas Freeman, 44-8; 7. Quinton Fulgham, Thomas Dale, 44-6 $\frac{1}{2}$; 8. Darrell Fenton, New Kent, 44-2.

High jump : 1. Shawn Minor, Powhatan, 6-9; 2. Ben Katz, St. Christopher's, 6-8 $\frac{1}{2}$; 3. Garrett Tyler, Meadowbrook, 6-6; 4. Quentin Moore, Highland Springs, 6-2; 5. Clark Thornhill, Douglas Freeman, 6-2; 6. Taras Winston, Armstrong, 6-2; 7. Tre Facison, Hanover, 6-2; 8. Adam Otey, New Kent, 6-2.

Pole vault : 1. Matthew Armentrout, Deep Run, 15-9; 2. Chris Pillow, Atlee, 14-6; 3. Joey Taylor, Prince George, 14-0; 4. Jack Smith, Douglas Freeman, 14-0; 5. Patrick Dietrick, Douglas Freeman, 13-6; 6. Eric Zwarycz, Mills Godwin, 13-6; 7. Eric Spott, Lee-Davis, 13-6; 8. Daniel Farmer, St. Christopher's, 13-0.

Shot put : 1. Alex James, St. Christopher's, 55-9 $\frac{3}{4}$; 2. Anthony Davis, Clover Hill, 54-11; 3. Thomas Fuson, Deep Run, 54-10 $\frac{3}{4}$; 4. Fareed Sulaiman, Highland Springs, 52-7; 5. Adrian Cavanaugh, Patrick Henry, 52-3; 6. Sam Hartman, Thomas Dale, 50-11 $\frac{1}{2}$; 7. Orlando Irby, J.R. Tucker, 50-2 $\frac{1}{2}$; 8. Christopher Lusk, Cosby, 49-8 $\frac{3}{4}$.

Discus : 1. Austin Hersh, James River, 168-7; 2. Laroyce Lewis, Prince George, 165-8; 3. Will Wright, Collegiate, 156-4 $\frac{1}{2}$; 4. Tyler Johnson, Prince George, 154-5; 5. Thomas Fuson, Deep Run, 150-6; 6. Dashaun Thompson, Meadowbrook, 149-2; 7. Hunter Brooks, Atlee, 146-10; 8. Nick Yesbeck, Midlothian, 144-8.

3,200 relay : 1: Douglas Freeman (Eric Davies, Kyle Ward, Colin Custer, Alec Ward) 7:57.85; 2. Deep Run, 7:59.06; 3. Varina, 7:59.50; 4. St. Christopher's, 8:03.80; 5. Mills Godwin, 8:05.42; 6. Atlee, 8:06.88; 7. Collegiate, 8:08.66; 8. Maggie Walker GS 8:12.15.

110 hurdles : 1. Maurice Green, Henrico, 14.34; 2. Darian Brown, Highland Springs, 14.69; 3. Aaron Harris, Patrick Henry, 4. Eric Addison, Douglas Freeman, 14.94; 5. Jameal Harris, Matoaca, 15.05; 6. Brad Carnahan, Deep Run, 15.11; 7. Shawn Minor, Powhatan, 15.30; 8. Paul Kearney, New Kent, 15.31.

100 : 1. Desmond Worelds, New Kent, 10.90; 2. Kurt Fleming, St. Christopher's, 10.97; 3. Trey Johnson, Varina, 11.04; 4. Hiter Harris, St. Christopher's, 11.07; 5. Alieu Sillah, Collegiate, 11.11; 6. Marquis Bagby, Petersburg, 11.17; 7. Quenton Haynes, James River, 11.19; 8. Deshawn Holmes, Highland Springs, 11.22.

1,600 : 1. Brayden Burleigh, Midlothian, 4:15.39; 2. Ben DeJarnette, Atlee, 4:15.68; 3. Cody Snyder, Lee-Davis, 4:19.58; 4. Greg Kaczka, Deep Run, 4:20.33; 5. Grant Pollock, Mills Godwin, 4:20.7; 6. Justin Kendall, L.C. Bird, 4:22.55; 7. Booth Hornsby, Deep Run, 4:27.31; 8. Harrison Tucker, St. Christopher's, 4:27.20.

400 relay : 1. John Marshall (Garth Bowan, Tyler Jones, Sherrod King, Thomas Ingram) 42.52; 2. Henrico, 42.88; 3. Thomas Dale, 42.93; 4. St. Christopher's 42.98; 5. Lee-Davis, 43.05; 6. Petersburg, 43.06; 7. Armstrong, 43.60; 8. Highland Springs, 43.63.

400 : 1. Quenton Hayes, James River, 48.64; 2. Andre Redd, Cosby, 48.97; 3. Devin Lacks, Varina, 49.26; 4. Alieu Sillah, Collegiate, 49.29; 5. Lonnie Spurell, Douglas Freeman, 49.54; 6. Kurt Fleming, St. Christopher's, 49.56; 7. Dominic Costanzo, Mills Godwin, 50.13; 8. Garth Bowan, John Marshall, 50.16.

300 hurdles : 1. Tyler Jones, John Marshall, 38.86; 2. DreQuan Hoskey, Henrico, 19.02; 3. Brad Carnahan, Deep Run, 39.77; 4. Marques Atkinson, Atlee, 39.99; 5. Darian Brown, Highland Springs, 40.11; 6. Aaron Harris, Patrick Henry, 40.39; 7. Jameal Harris, Matoaca, 40.53; 8. Paul Kearney, New Kent, 40.58.

800 : 1. Devin Lacks, Varina, 1:54.73; 2. Greg Kaczka, Deep Run, 1:55.37; 3. Jason Thorpe, Manchester, 1:56.47; 4. Keith Crawford, Huguenot, 1:56.94; 5. Khristopher Johnson, Varina, 1:57.85; 6. Cody Snyder, Lee-Davis, 1:57.89; 7. Eric Davies, Douglas Freeman, 1:58.45; 8. Ben DeJarnette, Atlee, 1:58.66.

200 : 1. Kevin Chavis, New Kent, 22.06; 2. Quenton Haynes, James River, 22.33; 3. Kurt Fleming, St. Christopher's, 22.38; 4. Thomas Ingram, John Marshall, 22.49; 5. Marquis Bagby, Petersburg, 22.53; 6. Hiter Harris, St. Christopher's, 22.58; 7. Marvin Armstead, Hopewell, 22.63; 8. Quinton Fulgham, Thomas Dale, 22.63.

3,200 : 1. Ben DeJarnette, Atlee, 9:06.28; 2. Grant Pollock, Mills Godwin, 9:36.41; 3. Silas Frantz, Douglas Freeman, 9:36.56; 4. Booth Hornsby, Deep Run, 9:42.79; 5. Andre McLean, L.C. Bird, 9:45.02; 6. Cody Snyder, Lee-Davis, 9:46.82; 7. Andrew Cantanese, Atlee, 9:50.57; 8. Evan Niciphor, Cosby, 9:50.65.

1,600 relay : 1. Varina (Anthony Finney, Khristopher Johnson, Nyler Gaskins, Devin Lacks) 3:21.94; 2. John Marshall, 3:22.46; 3. Mills Godwin, 9:23.29; 4. Cosby, 3:23.62; 5. Douglas Freeman, 3:24.24; 6. Highland Springs, 3:25.92; 7. Henrico, 3:26.03; 8. Deep Run, 3:26.29.