

# 2009 All-Metro Girls Indoor Track

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**Nikki Nunn**

**School:** Manchester

**Year:** Junior

**Event:** Long jump

**The skinny :** Jumped 18-11¼ at the Virginia Tech Invitational.

**J asia Richardson**

**School:** J.R. Tucker

**Year:** Senior

**Event:** Triple jump

**The skinny :** Posted 40-2¼ at the VHSL Group AAA meet.

**Marlena Daly**

**School:** Deep Run

**Year:** Senior

**Event:** High jump

**T he skinny:** Leaped 5-5 at the Virginia Tech Invitational.

**E mma DeJarnette**

**School:** Atlee

**Year:** Senior

**Event:** Pole vault

**The skinny:** Vaulted 12-4 at Reno Pole Vault Summit.

**Kristen Greene**

**School:** Thomas Dale

**Year:** Junior

**Event:** Shot put

**The skinny:** Recorded 39-2 at the Boo Williams Winter Break Invitational.

**3,200 relay**

**School :** Deep Run

**Team :** Erica Dobbs, Caroline Turner, Courtney Dobbs, Madalyn Nuckols

**The skinny :** Ran a 9:31.78 at the VHSL Group AAA meet.

**Erica Perkins**

**School:** Manchester

**Year:** Junior

**Event:** 55 hurdles

**The skinny :** Won at Central Region meet with time of 8.59.

**Shyra Molten**

**School:** Patrick Henry

**Year:** Freshman

**Event:** 55 dash

**The skinny :** Ran a 7.34 to win at the Central Region meet.

**800 relay**

**School:** Manchester

**Team (above from left):** Erica Perkins, Desiree Russell, Candice Hairston, Nikki Nunn

**The skinny:** Recorded 1:47.39 at the Virginia Tech Invitational.

**Ciarra Morris**

**School:** Meadowbrook

**Year:** Junior

**Event:** 300

**The skinny:** Ran 41.13 at the VHSL Group AAA meet.

**Barbara Strehler**

**School:** Trinity Episcopal

**Year:** Senior

**Event:** 3,200

**The skinny:** Turned in time of 10:58.42 at the St. Christopher's Invitational.

**1,600 relay**

**School:** Lee-Davis

**Team:** Jessica Ravensberger, Jessie Spence, Montasia Golden, Tiel Westbrook

**The skinny:** Logged 4:06.20 at the Douglas Freeman Polar Bear meet.