

2010 All Central Region Girls' Soccer Team

First team : Becca Wann, Cosby; Brittany Entz, Deep Run; Ellen Upton, Mills Godwin; Chaney LaReau, Deep Run; Erin Layne, Midlothian; Lauren Armentrout, Atlee; Marie Krider, Mills Godwin; Joy Grove, Cosby; Hannah Robbins, Thomas Dale; Laura Fitch, L.C. Bird; Rachel Creamer, Midlothian; Samantha Armentrout, Atlee; Katie Venck, Midlothian; Liz Donnini, Lee-Davis. Goalkeeper: Brittany Hill, Atlee.

Player of the year : Becca Wann, Cosby.

Coach of the year : Sarah Rutherford, J.R. Tucker.

Second team : Pierce Bradner, Douglas Freeman; Megan Musgrove, Clover Hill; Alexa Morin, Deep Run; Sarah Bellotti, Mills Godwin; Ginny Gills, Patrick Henry; Hailey Flores, Thomas Dale; Alex Pinkelton, Maggie Walker GS; Taresa Danso-Danquah, Henrico; Kelsey Blum, Cosby; Savannah Cherry, Matoaca; Caroline Turner, Deep Run; Laura Beckler, Atlee; Kimberley Glymph, Atlee; Sarah Schrader, Thomas Dale; Yoella Lopez, Lee-Davis. Goalkeeper: Abigail Elbaum, Matoaca.

All-academic : Wann, Entz, Upton, LaReau, Layne, L. Armentrout, Krider, Grove, Robbins, Fitch, Creamer, S. Armentrout, Venk, Donnini, Hill; Bradner, Musgrove, Bellotti, Gills, Flores, Pinkelton, Danso-Danquah, Blum, Cherry, Turner, Beckler, Glymph, Schrader, Lopez, Elbaum, Katrina Spinner-Wilson, Douglas Freeman; Jennifer Kiehl, James River; Nicole Fulk, James River; Taylor Culley, Hanover; Regan Flores, Thomas Dale; Morgan Conklin, Clover Hill; Sydney Lenhart, Monacan; Anna Rollins, Thomas Dale; Liz Aherns, Douglas Freeman; Megan Stuck, Atlee; Julia Dry, Hanover; Kori Lerch, Matoaca; Dallas Smith, Prince George; Sarah Wright, Lee-Davis; Ashley Yelverton, Matoaca; Katie Keys, Monacan; Kristen Palmer, Hanover. Goalkeeper: Jessie Ashworth, Mills Godwin; Ellen Forrest, James River.